

## How to be a good parent - by Ayelet Kohn

5 ways how to be a good parent:

### 1. Attention\ love:

Show your kid you love him! Show him you care! Talk to him about his problems, try to help him. When I say "show you care" or "show you love" I don't mean "buy him presents" I mean be with him, show him that you're there for him!  
You're child is more important than work. Spend with him quality time, help him with home work, pay him attention. Praise him when he did something good!  
Tell your kid how much you love him!

### 2. Money:

If your child is big enough, explain to him the value of the money. Teach him that money doesn't grow on trees, and money you achieve, not get.  
I'm really against allowance. The kids don't learn that for money they need to work, and then when they grow up they will have money problems.  
But if they don't have money at all, they don't know how to manage money, and also that might cause money problems in the future.  
What I do suggest is that you give him some little jobs, like "keep an eye on your sister for ten minutes while I go to the neighbors" and then give him a little money, like you pay him for work. Make sure you don't pay him for chores, like washing the dishes or folding the laundry.

### 3. Discipline:

First of all, make sure you have "red lines" that your kid knows he can't pass. For example: no coming home after 8:00. Don't be alarmed if he tries you. Never scream. That's really hard, I know, but if you want to give your child a good "cheenoch", talk in a calm tone, but with a voice that shows you are very angry. That is much more frightening than a scream.  
If you punish him, give him an educational punishment, something that is connected to what he did. Like "because you bought candy when I told you not to buy, you won't get candy till Sunday".  
Never say for example: "because you broke my pretty vase, no friends coming till next week". The kid doesn't understand why he gets this weird punishment, and doesn't connect his behavior with his punishment.  
When the child is acting well, praise him! Don't think "he knows I am happy with him", kids need praises when they act well! Make sure that the good things you tell him are equal to the bad things.  
If he is a good kid for a long time, reward him! Give him a little prize! You don't know what a positive push it is for well behavior. *Your kid looks up to you! Behave like you want him to behave! Keep your promises!*

### 4. School:

Prepare with your kid a homework schedule. Every day sit with him and plan which hours he will do his homework, and on which subjects.  
If he gets bad grades, talk to him about it. Tell him you love them no matter what. As much as you're disappointed of the grade, the kid is even more disappointed of himself, even if he doesn't show it.

### 5. Chores:

Get your kid used to helping from a little age. As he grows up, give him more chores. Don't give a five year old to clean his room, wash his dishes, and to fold laundry. Go slowly. Decide with him what his chores are. Explain to him that it's his house, and he has to help in it. Give him chores he enjoys to do, and once a month change them.

Good luck!